



PROGRAM

«Eurasian Congress of Internal Medicine»

April 05-07, 2023

<https://xconf.euat.ru/en>

! GTM +3

April 05, 2023 9:30 - 18:30 (GTM +3)

DAY 1 OF THE CONGRESS

09:30-09:40 The session is held only on the Russian version of the site (in Russian)

09:40-12:00 The session is held only on the Russian version of the site (in Russian)

12:00-12:30 The session is held only on the Russian version of the site (in Russian)

12:30-14:00 **Symposia. Eurasian Association of Internal Medicine**

Hall №1

The session is held only on the Russian version of the site (in Russian)

Hall №2

The session is held only on the Russian version of the site (in Russian)

Hall №3

**Symposium
«Late Breaking Science 2023»**

Chairperson: I.V. Fomin (Russia, Nizhny Novgorod)

- **Recurrent pericarditis: breakthrough discoveries in pathogenesis and therapy**
A.G. Arutyunov (Armenia, Yerevan)
- **CHF in Post-COVID**
I.V. Fomin (Russia, Nizhny Novgorod)
- **Screening possibilities for diagnosing sleep apnea in patients with supraventricular tachyarrhythmias**
A.M. Baimukanov (Moscow)

Hall №4

**Symposium
"Myths and controversial issues in endocrinology"**

Chairperson: O.S. Fedorova (UAE, Dubai)

- **Controversial issues of thyroidology and prerequisites for pseudodiagnosis**
M.A. Sviridonova (Russia, Moscow)
- **Myths and mistakes in the diagnosis and treatment of gestational diabetes**
L.I. Ibragimova (Russia, Moscow)
- **Myths and controversial issues in the treatment of osteoporosis**
S.S. Mirnaya (Russia, Moscow)
- **Myths about adrenal disease**
A.I. Tsiberkin (Russia, Saint Petersburg)

- **Adverse cardiovascular events in patients with coronary microvascular dysfunction: prognostic markers**
K.V. Kopeva (Tomsk)
- **Kidney injury in COVID-19 patients**
Sopiko Dvalishvili (Tbilisi)
- **Experience with the use of ruxolitinib in the treatment of obliterating bronchitis in adult patients after allogeneic hematopoietic stem cell transplantation**
E.A. Kulagin (Saint Petersburg)
- **Bacterial infections in patients with liver cirrhosis and gastrointestinal bleeding**
D.I. Gavrilenko (Gomel)
- **Elevated IL-6 levels and long-term prognosis in elderly and senile patients with CHF and anemia, and without anemia**
N.I. Solomakhina (Moscow), A.V. Dementieva (Moscow)
- **The use of felodipine in the treatment of bevacizumab-induced arterial hypertension**
S.V. Khlyamov (Kursk)

14:00-15:00 Break

15:00-16:30 **Symposia. Eurasian Association of Internal Medicine**

Hall №1

Symposium "Depression in Chronic Diseases"

Chairperson: A.G.Arutyunov (Armenia, Yerevan)

- **Simple steps to diagnose depression**
A.N. Ermilova (Russia, Moscow)
- **Depression and obesity**
G.A. Manushakyan (Russia, Moscow)
- **Depression in CHF**
- **Depression of a geriatric patient**
T. V. Petina (Russia, Moscow)
- **Meditation for Chronic Diseases**
A.G. Arutyunov (Armenia, Yerevan)

Hall №2

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Hall №3

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Hall №4

Symposium
"Articular syndrome. Best Practice 2023 – effective steps at the reception"

Chairperson: A.P. Rebrov (Russia, Saratov)

- **Arthralgia in the post-COVID period?**
P.I. Novikov (Russia, Moscow)
- **Gout – Best Practice 2023**
R.A. Bashkinov (Russia, Saint Petersburg)
- **Rheumatoid Arthritis – Best Practice 2023**
E.S. Melnikov (Russia, Saint Petersburg)
- **Spondyloarthritis – Best Practice 2023**
A.P. Rebrov (Russia, Saratov)

Hall №1

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Hall №2

Symposium
"Atypical hypertension – correction of blood pressure in difficult situations"

Chairperson: E.I. Tarlovskaya (Russia, Nizhny Novgorod)

- **Itsenko-Cushing syndrome**
G.A. Manushakyan (Russia, Moscow)
- **Renal artery stenosis and kidney prolapse**
A.V. Rodionov (Russia, Moscow)
- **Thyrotoxicosis**
O.S. Fedorova (UAE, Dubai)
- **Acute nephritic syndrome**
M.M. Batyushin (Russia, Rostov-on-Don)
- **Primary aldosteronism**
E.I. Tarlovskaya (Russia, Nizhny Novgorod)
- **Angioprotection: additional possibilities of antihypertensive therapy**
N.A. Koziolova (Russia, Perm)

Hall №3

The session is held only on the Russian version of the site (in Russian)

Hall №4

Symposium
"Diabetes mellitus – update 2023"

Chairperson: V.V. Salukhov (Russia, Saint Petersburg)

- **Major breakthroughs in diabetology in 2023**
V.V. Salukhov (Russia, Saint Petersburg)
- **Diabetes and polycystic ovary syndrome: Myth or Reality?**
Sarantis Llvadas (Greece, Athens)
- **What do we call Prediabetes and how are approaches to treatment changing?**
K.V. Ovyanikov (Russia, Moscow)
- **Painless myocardial ischemia in diabetes mellitus – a marker of sudden death**
N.P. Mitkovskaya (Belarus, Minsk)



09:30-11:00 Symposia. Eurasian Association of Internal Medicine

Hall №1	Hall №2	Hall №3	Hall №4
<p>The session is held only on the Russian version of the site (in Russian)</p>	<p>Symposium "Dyslipidemia in young patients"</p> <p>Chairperson: I.V. Sergienko (Russia, Moscow)</p> <ul style="list-style-type: none"> • When and how to examine young people for dyslipidemia? A.S. Alieva (Russia, Moscow) • Hypertriglyceridemia in young patients M.V. Ezhov (Russia, Moscow) • Should LDL be lowered by 3-4 mmol/l in a patient without a risk factor? I.V. Sergienko (Russia, Moscow) • Familial lipid metabolism disorders and their treatment I.V. Sergienko (Russia, Moscow) 	<p>The session is held only on the Russian version of the site (in Russian)</p>	<p>Symposium "Increased uric acid – how to examine"</p> <p>Chairperson: N.Y. Grigoryeva (Russia, Nizhny Novgorod)</p> <ul style="list-style-type: none"> • Asymptomatic hyperuricemia – to treat or not to treat R.A. Bashkinov (Russia, Saint Petersburg) • Hyperuricemia on diuretics, kidney risks M.A. Trubnikova (Russia, Sochi) • Differential diagnosis with an increase in the level of uric acid E.S. Melnikov (Russia, Saint Petersburg) • Leukemia and Lymphoma – could uric acid be the first marker? N.Y. Grigoryeva (Russia, Nizhny Novgorod) • The gold standard for the management of a patient with gout 2023 U.K. Kamilova (Uzbekistan, Tashkent)

11:00-11:30 Break

11:30-12:30 The session is held only on the Russian version of the site (in Russian)

12:30-13:30 Break

13:30-14:30 Break

Hall №1

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Hall №2

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Hall №3

Symposium
"Non-alcoholic Fatty Liver Disease"

Chairperson: I.G. Nikitin (Russia, Moscow)

- **NAFLD: diagnostic issues**
I.G. Nikitin (Russia, Moscow)
- **Role of ultrasound in the diagnosis of NAFLD**
E.I. Penyaeva (Russia, Yaroslavl)
- **The impact of NAFLD on prognosis**
Sarantis Llvadas (Greece, Athens)
- **First steps in the treatment of NAFLD**
N.V. Bakulina (Russia, Saint Petersburg)
- **NAFLD and statins**
Ivana Bozic Antic (Serbia, Belgrade)

Hall №4

Symposium
"Urinary Tract Infections – Update 2023"

Chairperson: M.M. Batyushin (Russia, Rostov-on-Don)

- **Infectious complications of therapy with SGLT-2 inhibitors and methods for their correction**
V.V. Salukhov (Russia, Saint Petersburg)
- **UTI – and CKD is there a link?**
M.M. Batyushin (Russia, Rostov-on-Don)
- **New antibiotics in the treatment of UTIs**
A.G.Arutyunov (Armenia, Yerevan)

16:00-16:30

Break

16:30-17:30

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Hall №1

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Hall №3

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Hall №4

The session is held only on the Russian version of the site (in Russian)

Day 3 of the Congress



09:30-11:00 Symposia. Eurasian Association of Internal Medicine

Hall №1	Hall №2	Hall №3	Hall №4
<p>The session is held only on the Russian version of the site (in Russian)</p>	<p>Symposium "CHF with preserved ejection fraction"</p> <p>Chairperson: F.T. Ageev (Russia, Moscow)</p> <ul style="list-style-type: none"> • Evolution of ideas about the pathogenesis and treatment options for HFpEF F.T. Ageev (Russia, Moscow) • Left atrium as the main driver of HFpEF A.G. Ovchinnikov (Russia, Moscow) • Therapy for heart failure across the spectrum of LV EF: the choice of drugs Y.M. Lopatin (Russia, Volgograd) 	<p>The session is held only on the Russian version of the site (in Russian)</p>	<p>The session is held only on the Russian version of the site (in Russian)</p>

11:00-11:30 Break

11:30-12:30 The session is held only on the Russian version of the site (in Russian)

12:30-13:30 The session is held only on the Russian version of the site (in Russian)

13:30-14:30 Break

Hall №1

Symposium

“Does physical training affect the prognosis?”

Chairperson: A.G. Arutyunov (Armenia, Yerevan)

- **Physical training in CKD**
M.M. Batyushin (Russia, Rostov-on-Don)
- **Can physical exercises reduce LDL?**
I.V. Sergienko (Russia, Moscow)
- **How important is breathing training for COPD and asthma?**
M.V. Boldina (Russia, Nizhny Novgorod)
- **Physical training for CHF**
A.G. Arutyunov (Armenia, Yerevan)

Hall №2

The session is held only on the Russian version of the site (in Russian)

Hall №3

The session is held only on the Russian version of the site (in Russian)

Hall №4

The session is held only on the Russian version of the site (in Russian)

Hall №1

Symposium

“Differential diagnosis and treatment of anemia”

Chairperson: M.M. Batyushin (Russia, Rostov-on-Don)

- **Normochromic anemia**
M.M. Batyushin (Russia, Rostov-on-Don)
- **Hyperchromic anemia**
A.G. Arutyunov (Armenia, Yerevan)
- **Hyperchromic anemia**
G.P. Arutyunov (Russia, Moscow)

Hall №2

The session is held only on the Russian version of the site (in Russian)

Hall №3

The session is held only on the Russian version of the site (in Russian)

Hall №4

The session is held only on the Russian version of the site (in Russian)